

# READY FOR (MORE) LOVE

## 8-Week Expressive Arts Group



**Are you ready  
to open your heart  
to (more) love?**

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**Are you ready  
to take the love  
you have deeper?**

Instead of looking for the  
perfect lover, create the  
perfect love.

-Paraphrased from Tom Robbins

**Thursdays, April 10th-May 29th  
7:00 - 9:00 p.m.**

**RSVP, \$320** (Your payment reserves your spot)

**Men & Women**

**Couples & Singles**

**Ready for (More) Love** is an 8-week Expressive Arts group to help you learn more about yourself and what you desire in relationship.

We will:

- Explore our past for treasures and land mines.
- Look at where we are today and our hopes and desires.
- Imagine our future and look at what we need to do to move forward.

This is not a how-to class, as the path to love may be different for each of us. We will though be learning from experts like Sue Johnson's work in "Hold Me Tight" about our human need for attachment. We will use the arts to make this a rich and playful experience. [Join us for this opportunity to explore and experience more love in your life—for yourself and others!](#)

**NO PREVIOUS ART EXPERIENCE NECESSARY,  
JUST THE DESIRE TO HAVE MORE LOVE IN  
YOUR LIFE!**



**Expressive Arts @ 32nd & Thorn**  
3201 Thorn Street, San Diego, (North Park) 92104

**Call or email for info or to reserve a space:**

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