

OPEN TO LOVE

8-Week Group

Thursdays

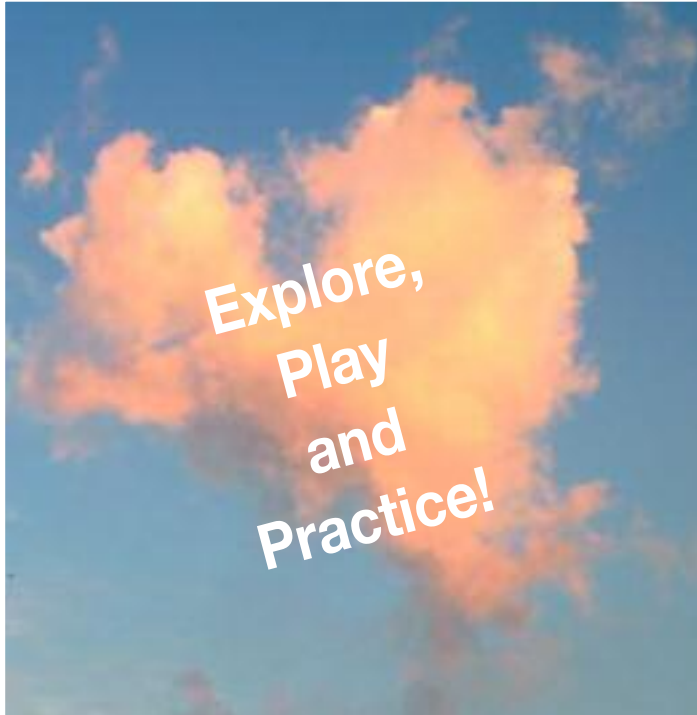
September 4th-October 23rd

7:00 - 9:00 p.m.

RSVP, \$320 (Your payment reserves your spot)

Men & Women

Couples & Singles



Explore,
Play
and
Practice!

**Are you ready
to open your heart
to (more) love?**



**Are you ready
to take the love
you have deeper?**

Instead of looking for the
perfect lover, create the
perfect love.

-Paraphrased from Tom Robbins

Open to Love is an 8-week group to help you learn more about yourself and what you desire in relationship.

We will:

- Explore our past for treasures and land mines.
- Look at where we are today and our hopes and desires.
- Imagine our future and look at what we need to do to move forward.

This is not a how-to class, as the path to love may be different for each of us. We will though be learning from experts like Sue Johnson's work in "Hold Me Tight" about our human need for attachment. We will use the arts to make this a rich and playful experience. [Join us for this opportunity to explore and experience more love in your life—for yourself and others!](#)

**NO PREVIOUS ART EXPERIENCE NECESSARY,
JUST THE DESIRE TO HAVE MORE LOVE IN
YOUR LIFE!**

Expressive Arts
@ 32nd & Thorn

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